



## Dr. VINOD CHEBBI

Sex Therapist  
Marriage Therapist  
Psychotherapist  
Sexuality Educator

Born: 28th November 1947

### ACADEMIC QUALIFICATIONS

**B.Sc.** (Biology)

**M.B.B.S.**

**M.S.** (Counselling and Psychotherapy)

**Fellow, Council of Sex Education and Parenthood International**

Certificate as **NLP Practitioner**

Course in **Couples Therapy** (accredited by American Psychological Association)

## PROFESSIONAL TRAINING

### Training in Sex therapy

I have been trained by and attended the workshops of world's renowned sexologists and sex therapists John Bancroft, Beverly Whipple (the co-discoverer of the G-spot), Barry W. McCarthy, Adaikan Ganesan, Nikorn Dusitsin, Milton Diamond, Goldstein, and many others. I have been a fellow of Council of Sex Education and Parenthood International since 2000. Many research papers in sex therapy are to my credit. I have specialized in Sexual Desire Disorders, Relationship Issues, and Unconsummated Marriages, and vaginismus. More than 5000 gynaecologists have referred their cases to me. I treat patients from India and outside, especially the US.

### Training in Psychotherapy

I have been trained by and attended the workshops of the world's most famous psychotherapists. Some of them are:

Albert Bandura (an originator of behavior therapy)  
Claude Steiner (Associate of Eric Berne)  
Christine Padesky (CBT)  
Daniel Amen (mind & brain specialist)  
Donald Michenbaum (Cognitive behaviour modification)  
Deepak Chopra (physician and writer)  
Erving Polster (Stalwart of Gestalt Therapy)  
Francine Shapiro (EMDR therapist)  
Fritz Owen (NLP trainer, USA)  
Janet Wulf (REBT therapist and President, REBT Center, New York)  
John Hunter-Murray (NLP trainer, Australia)  
Judith Beck (Daughter of Aaron Beck, originator of CBT)  
Martin Seligman (originator of positive psychology)  
Michael Yapko (Hypnotherapist)  
Otto Kernberg (Psychoanalyst)  
Salvador Minuchin (originator of family therapy)  
William Glasser (originator of reality therapy)  
Zeffery Zeig (Gestalt-Ericsonian hypnotherapist)

## Training in Couples Therapy

I have been trained by and attended the workshops of the world's most significant marriage therapists. They are:

- a) John Gray (author of *Men are from Mars, Women are from Venus*);
- b) John Gottman (Originator of the Scientifically Based Marital Therapy) – he is considered as one of the ten most influential persons of USA;
- c) Susan Johnson – she is the originator of Emotion-Focused Therapy;
- d) Harvelle Hendrix – his approach is based on Imago module;
- e) Michele Weiner-Davis – she is known for her 'Divorce Bursting' course;

To top it all, I have successfully completed a 9-month course in Couples Therapy run by Ellyn Bader and Peter Pearson at Menlo Park, CA. This course is based on *Developmental Model* and is accredited by the American Psychological Association.



## SERVICES PROVIDED

- ◆ Counselling and therapy to clients having sexual, psychological and marital issues.
- ◆ Clinical approach to clients having a physical pathology to sexual and psychological problems: Investigations like penile erection test, penile Doppler scan, procedures like psychological testing, pentothal abreaction and ACT, medication and surgery.
- ◆ I am the founder-director of MEDISEX FOUNDATION which, deals with sexual, marital and psychological issues.
- ◆ The Family Courts of Bangalore and Vanitha Sahayavani of Police Commissioner's office refer their Couples having disputes to me.
- ◆ The Indian Army, Karnataka & Kerala Regiment is taking my counselling assistance for their army men and their families.

## MY OTHER ACTIVITIES

- ◆ Teaching is my passion. I teach sex therapy, psychotherapy, and marital therapy at postgraduate level in Kuvempu University on regular basis. I am also a guest lecturer in Christ University. The students have rated me as one of the best lecturers.
- ◆ Conducting workshops for general public in matters of sexuality, premarital counselling and couple counselling. Conducting and training the public in sexuality awareness, marital issues and sexual problems, sexuality education.
- ◆ I am a Master Trainer for the trainees of Department of State Education Research and Training (DSERT) in aspects of Sexuality Education.
- ◆ I have authored several articles in the popular periodicals of the country. I am quoted by several newspapers for my knowledge in the area of sexuality and marriage. *The times of India* has introduced me twice in its Q&A column. I write column in two periodicals.
- ◆ Three books on sexuality and marriage are to my credit.
- ◆ I have run workshops on Sexual Desire Disorders, unconsummated marriages, Marital Therapy and allies issues at Bangalore, Mumbai, Chennai, Delhi, Nagpur, Jaipur. I have also addressed and presented my research papers at several National and International Conferences where delegates from 21 countries have attended.
- ◆ I have appeared in numerous programmes on radio and TV Channels.

*One of my TV programmes on couples, a 16-episode serial in Kannada named 'Dhaampathya Geethe' has been telecast on E-TV channel.*

## IN THE LEAD



I am the **first in India** to start the following endeavours:

- ◆ Combining sex therapy, psychotherapy and couples therapy into a **comprehensive therapy** model.
- ◆ Providing Intensive **Seclusion**

**Therapy** for couples having marital-sexual issues, resulting in 86% success;

- ◆ Conducting **Hands-On Training Therapy Workshops for counsellors and therapists** in sex therapy, psychotherapy and marriage therapy, attended by therapists from India and abroad.
- ◆ Specialized in the treatment of Unconsummated marriages, Vaginismus & Dyspareunia (painful intercourse), Sexual Desire Disorders, and Intimacy Disorder.

*One of my couples therapy workshops on resolving the couple conflicts, named Evolution of Marriage has been recorded by the Ochre Pictures, Singapore and telecast on the AsiaNews Channel.*

## OTHER HIGHLIGHTS

### My Library

I have a library consisting of over 1000 titles in the form of books, tapes, CDs, and DVDs – one of the best personal libraries in India.

### Countries Visited

I have studied, undergone training and attended workshops and conferences in USA, Singapore and Thailand.

### Therapy, Teaching & Training Methods

I use interactive and experiential techniques along with small group discussion. I am good at creating new techniques and experiment with them during my therapy sessions. The most challenging cases interest me most, and never admit defeat.

## ON THE ANVIL

In order to take the Couples Therapy to the common man's doorstep, I am into a nation-wide project. For details, view my [Couples Therapy Flow Chart](#).

I am also planning to make a film on couples therapy and psychotherapy.